

MARCH 2025

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EMPOWER CDC

# NEWSLETTER



## ● Food Pantry at Windsor Gardens

Our Empower CDC Food Pantry at Windsor Gardens has been a tremendous success! Since its launch, we have:

- Provided food to over 100 households and nearly 400 neighbors
- In total, given out more than 4,000 pounds of food & household essentials
  - That's about 500lbs each week!

This initiative is making a real difference in the lives of families facing food insecurity. We extend a heartfelt thanks to our staff, partners, and volunteers for their dedication.

If you or someone you know needs assistance, visit **US** or find a food pantry near **YOU**

## Thank you Tyson Foods!

We're grateful to have received a food grant of \$7,500 that helps us keep our Food Pantry at Windsor Gardens stocked with Tyson brand and chicken items!



DONATE

## Recap: Holiday Bike & Toy Drives

Thanks to our amazing community, our Bike & Toy Drive was a huge success! 6+ bikes and an abundance of toys were distributed to children and families, spreading joy and support during the holiday season.

We are incredibly grateful to all who made this possible. Your generosity continues to make a lasting impact on our community.

Stay tuned for more events!



## Backpack Drive



## Whitestone Developments

Empower CDC is beyond grateful to everyone who joined us at Sunbury's Welcome to the Block event! Connecting with the Settegast community was truly special. Plus, a huge shoutout to our Spin the Wheel winners!

Learn more about Whitestone [here](#)



## ● Project Canvas

Project Canvas is expanding its reach! Quarterly workshops will be hosted on our multi-family properties, helping residents with financial literacy, college/career planning, and personal growth. We're also continuing our partnership with the YET Center to support youth with college readiness and career exploration programs.

Through these initiatives, we are empowering individuals to achieve their academic and professional goals. Thank you for supporting our mission to inspire and educate!

● **Upcoming Health Fair**

Join us as we will provide vital health resources and services to our community!

Featuring:

- Free screenings
- Wellness tips
- Expert guidance to support a healthier lifestyle, and more!

Stay tuned for more details on date, location, and participating organizations

● **Volunteer with Empower CDC**

Are you looking for ways to make a positive impact in your community? From helping out at events to organizing supplies, your time and effort will make a difference.

Learn more, and sign up, [here!](#)

● **[Click here for our Empower Resident & Community Services Calendar.](#)**



**TXSMP & AARP**

We are grateful to TXSMP for awarding Empower CDC a \$10,000 annual grant and to AARP for providing a \$2,000 grant.

With this support, we can continue to provide essential resources and make a meaningful impact to Houston residents through education, financial literacy, and career development efforts.

Thank you to our partners for believing in our mission and investing in the future of our community!

**OUR IMPACT THIS YEAR**

Number of Households Served

9,331

\$ Worth of Food Served

\$55,596.79

Number of Community Partners

30+

**THANK YOU TO OUR COMMUNITY PARTNERS**

