

IMPACTS ON ALICE ABILITY TO THRIVE



HOUSING

- In Harris County, renters spend 30% or more of household income on rent (Houston State of Health, 2022). When ALICE households have access to quality affordable housing then they will have the ability to spend less of their income on rent and spend more on other necessities, including to start savings.
- Learn more about how Empower CDC is increasing access to quality and affordable housing for ALICE communities.

HEALTHCARE

- Many ALICE households are unable to afford healthcare services and they face the consequences of delaying or going without regular care and check-ups that lead to more severe health issues.
- Learn more about how Empower CDC is increasing access to health and wellness services in ALICE communities.
- If ALICE households have access to affordable healthcare services, then families will have improved preventive care and decreased absences from work/school. Including less cost spent on healthcare/emergency services, fewer communicable diseases, and improved workplace productivity.



TRANSPORTATION

- In Harris County, 6.1% of households are without a vehicle (Houston State of Health, 2022).
- Many ALICE households are without a vehicle which negatively impacts their mobility to work, school, grocery stores, etc.
- If ALICE households have access to reliable transportation, they will have greater access to job opportunities, school, childcare, healthcare, support systems (family, friends, faith communities), etc.
- Empower CDC provides on-site transportation for select senior properties.

CHILDCARE

- From the ALICE Report (2020), in Texas, “a 2018 analysis found that 48% of Texas residents live in a “child care desert,” with a dearth of available childcare providers. In addition, in 2018 the average annual cost of childcare for an infant was \$9,864.
- Many ALICE households cannot afford childcare and must make sacrifices in other areas of their budget. Also, households may have to sacrifice only one adult working full-time to take care of their children.
- If ALICE households have access to affordable childcare and education, then children will have improved academic performance and graduation rates. Including adults’ will have improved job stability and savings.
- Empower CDC provides ALICE households with access to on-site, quality child care.

FOOD

- Residents in the Greater Houston area have a food insecurity rate that is 4% higher than the national average of 16.6% (Kinder Institute, 2019).
- Many ALICE households reside in food deserts where they lack access to stores near healthy food options.
- If ALICE households have access to healthy food options, then children will have improved development and behavior in school. Including ALICE households will have improved productivity and less cost spent on emergency food services.
- Learn more about how Empower CDC is increasing food security in ALICE communities.